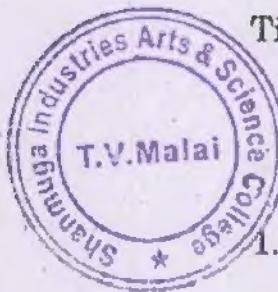


APRIL/MAY 2024

**23USBC23 — MEDICINAL DIET**

Time : Three hours

Maximum : 75 marks



**SECTION A — (10 × 2 = 20 marks)**  
Answer ALL the questions.

1. What is Soft diet?
2. Write the composition of Normal diet.
3. What is impact of fiber intake on gastrointestinal diseases?
4. Name two common gastrointestinal diseases where diet modification is crucial.
5. List the common liver diseases requiring diet modification.
6. Define cirrhosis.
7. Why do we modify diet during infectious diseases?
8. What is tuberculosis?
9. Define Glycemic index.
10. List the causes of kidney stones.

**SECTION B — (5 × 5 = 25 marks)**

Answer ALL questions.

11. (a) What are the key principles of a therapeutic diet? Explain.

Or

- (b) What is a liquid diet? When a liquid diet is typically recommended?

12. (a) How does diet modification help in reducing symptoms of peptic ulcers? Discuss.

Or

- (b) Identify how diet modification help manage lactose intolerance?

13. (a) Describe the role of protein intake in managing cirrhosis.

Or

- (b) How does alcohol consumption affect individuals with hepatitis?

14. (a) Elucidate the importance of maintaining adequate calorie intake in individuals with tuberculosis.

Or

- (b) What are some risk factors for developing hepatitis C?

15. (a) Enumerate the importance of the DASH diet in managing hypertension.

Or

- (b) Why are dietary modifications important in managing renal failure?

**SECTION C — (3 × 10 = 30 marks)**

Answer any THREE questions.

16. Discuss how diets are planned to help people with health problems.

17. Explain the importance of diet modification in managing malabsorption syndrome.

18. Discuss how diet modification plays a crucial role in managing jaundice.

19. Explain the dietary recommendations for individuals with typhoid fever, focusing on foods to include and avoid hydration strategies and meal frequency.

20. Plan a dietary chart for Diabetic individuals.
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